

## Keeps in Mind...

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- It is not just one “Talk”—start early and keep talking
- Listening to your child is important too
- Talk about values and relationships, not just plumbing.
- Focus on media influences: watch TV with your child, and talk about what you see
- Talking openly about sex helps children learn what they need to know
- Talking appropriately with children about sex or birth control does not “put ideas in their heads”



## Remember...

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- Parents are the MOST important influence on their children
- Spend time with your kids
- Close relationships with parents PROTECT children
- Be a good role model. Children learn from what you DO, not just what you say
- Nobody's perfect! Even if you stumble, teaching your kids about sex is too important to leave to their friends...or to television!

